



**7m Throws - Official Form**  
**Jets de sept mètres - Formulaire Officiel**  
**7m-Werfen - Offizielles Formular**



<b>A:</b>	<b>B:</b>	<b>Event:</b>
<b>Date/Time:</b>	<b>Venue:</b>	<b>Result:</b>

**Start throw 1-5 team: .....**

**5 players Team A**

no	player

**5 players Team B**

no	player

\_\_\_\_\_  
signature Team A

\_\_\_\_\_  
signature Team B

**throws Team A**

no	player
1	
2	
3	
4	
5	

**throws Team B**

no	player

**result**


**Start from throw 6 team: .....**

**5 players Team A**

no	player

**5 players Team B**

no	player

\_\_\_\_\_  
signature Team A

\_\_\_\_\_  
signature Team B

**throws Team A**

6	
7	
8	
9	
10	

**throws Team B**

