



## Principles and Values Associated with Clean Sport

The importance of values within the context of anti-doping education is highlighted in the definition of education in the World Anti-Doping Code:

**“Education is the process of learning to instill values and develop behaviors that foster and protect the spirit of sport, and to prevent intentional and unintentional doping.”**

The “spirit of sport” is the celebration of the human spirit, body and mind.

It is the essence of Olympism and is reflected in the values we find in and through sport, including:

- Health
- Ethics, fair play and honesty
- Athletes’ rights as set forth in the Code
- Excellence in performance
- Character and Education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other Participants
- Courage
- Community and solidarity

The International Olympic Committee (IOC) values are **excellence, friendship and respect.**

The International Paralympic Committee (IPC) values are **respect, integrity, fairness, collaboration and excellence.**